

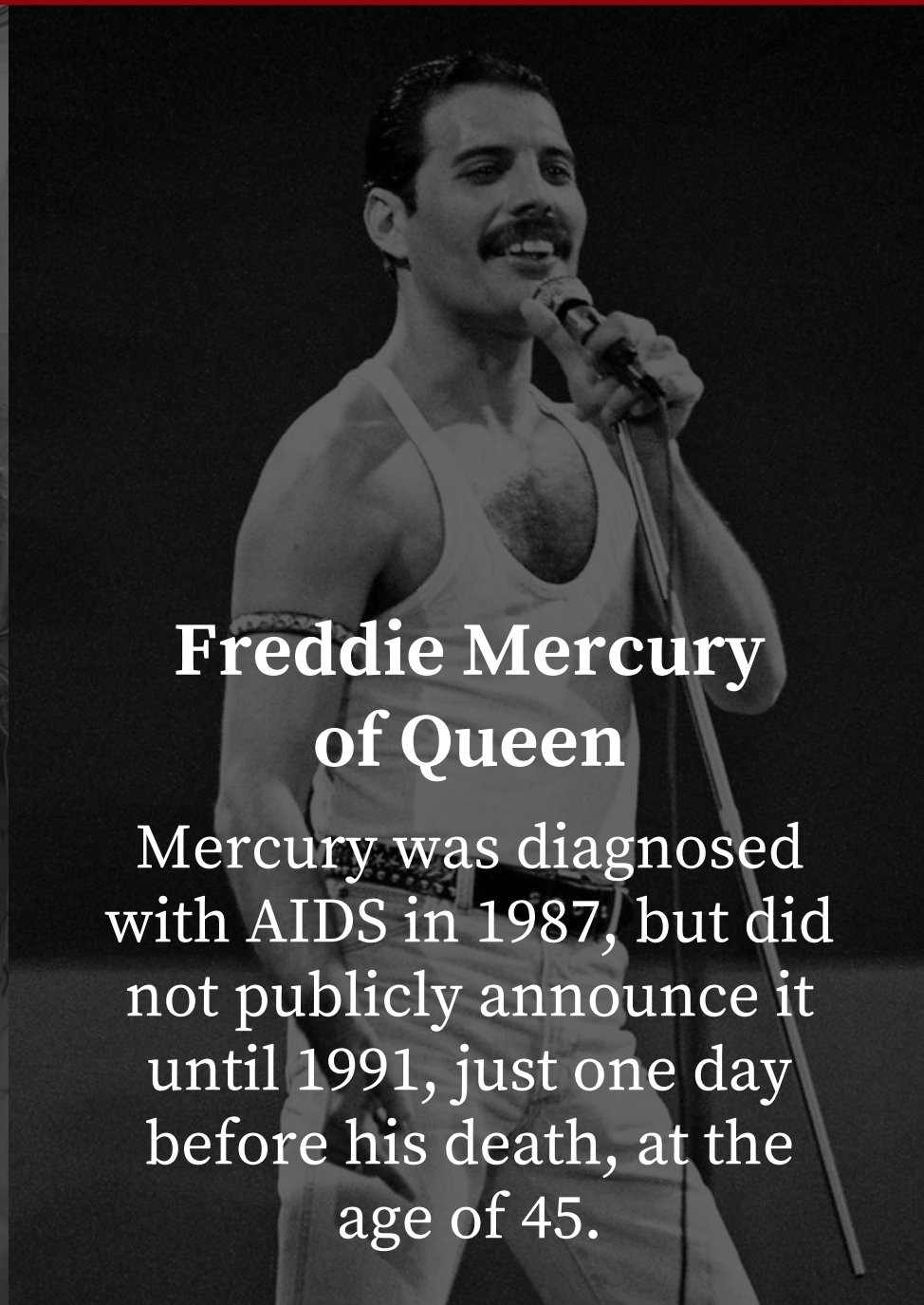
Part 2

HIV/AIDS 101

The Epidemic Today



Famous Faces of HIV/AIDS



HIV/AIDS 101: The Epidemic Today



Amanda Blake of Gunsmoke

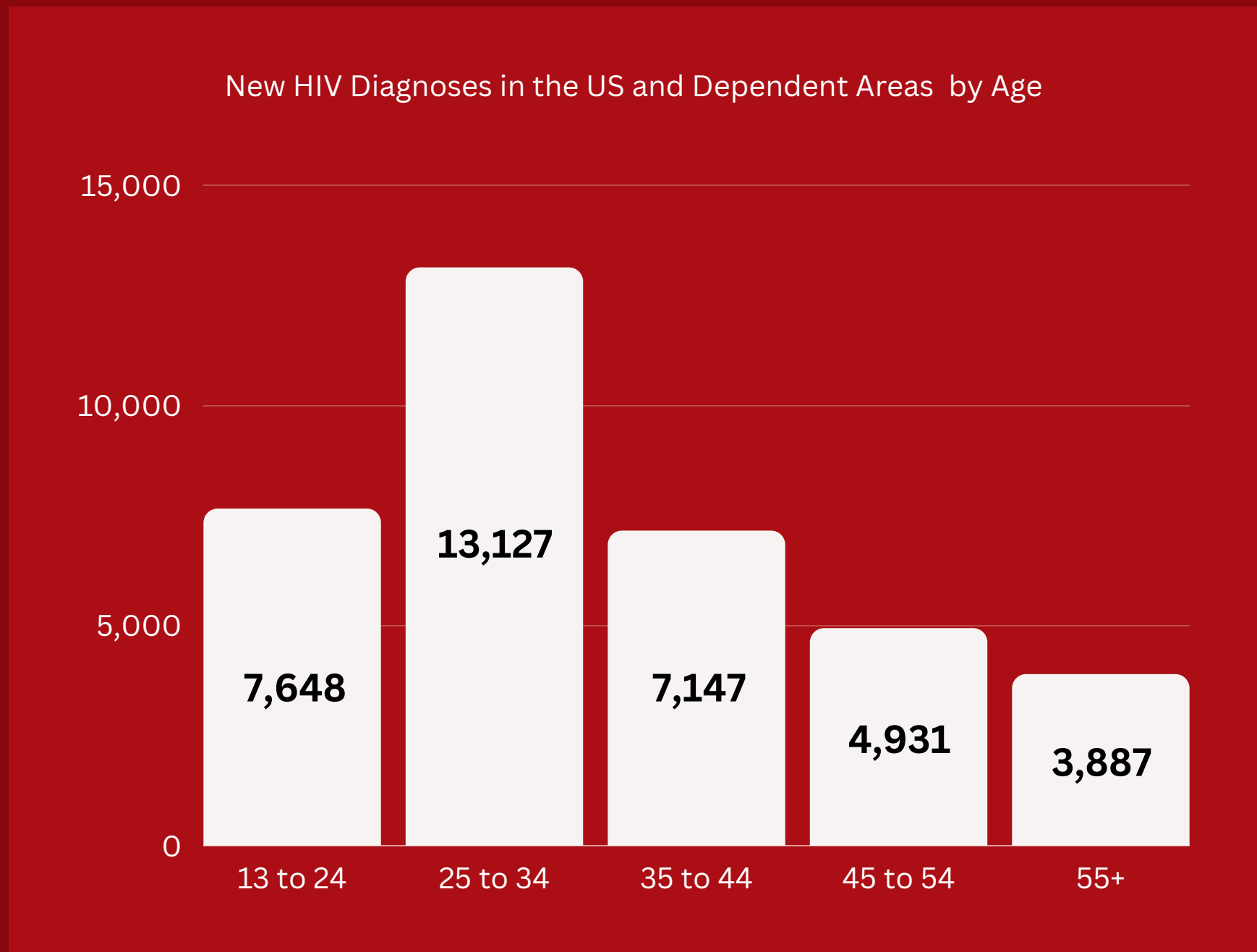
Blake was diagnosed with AIDS in 1988, just one year before her death. She kept the diagnosis to herself, and never knew how she contracted the virus.



Earvin “Magic” Johnson of the LA Lakers

Publicly announced his diagnosis in 1991 alongside his retirement from the NBA. He has since become a self-proclaimed “spokesman” for the virus.

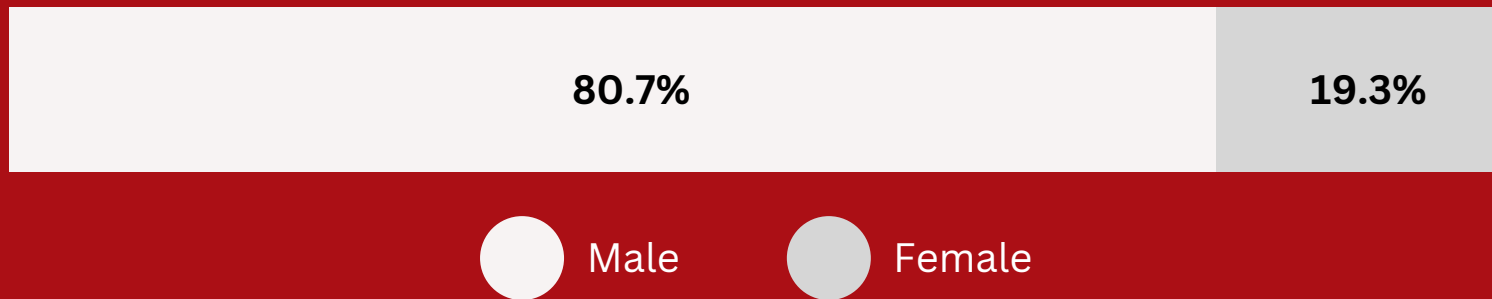
HIV Statistics



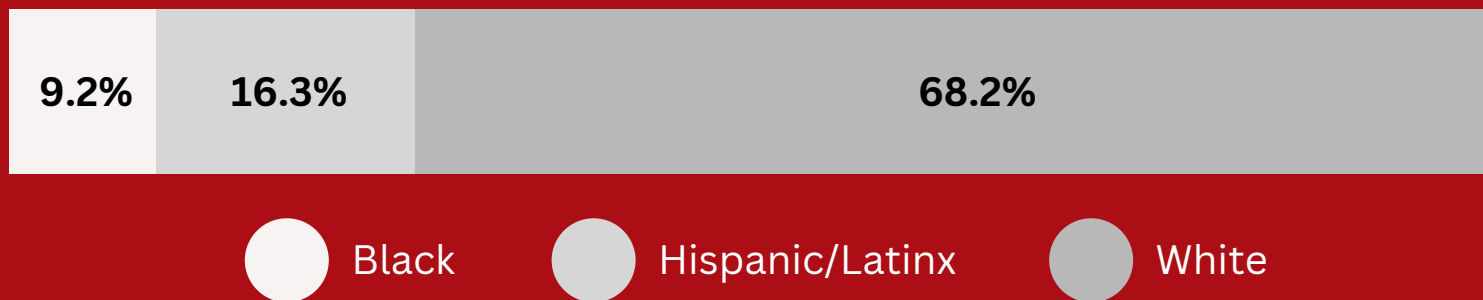
Source: CDC. Diagnoses of HIV infection in the United States and dependent areas, 2019.

HIV/AIDS 101: The Epidemic Today

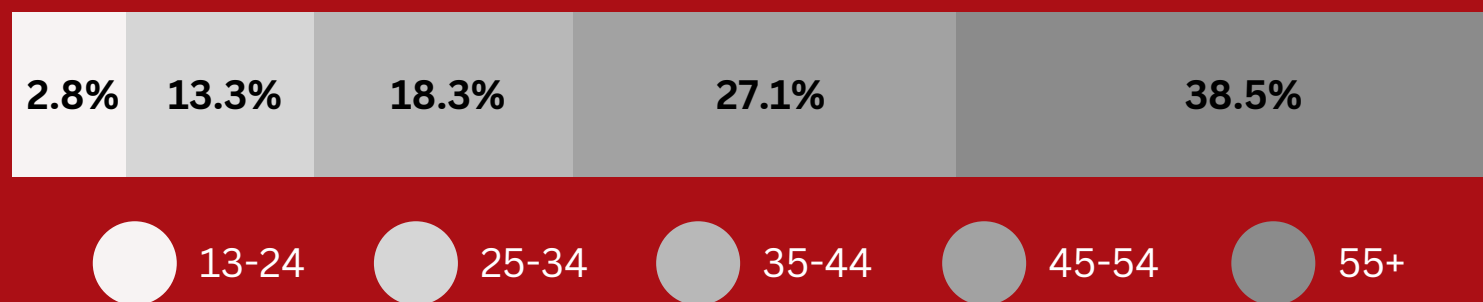
Percent of people living with HIV, by Sex



Percent of people living with HIV, by Race/Ethnicity



Percent of people living with HIV, by Age



Source: CDC. Diagnoses of HIV infection in the United States and dependent areas, 2019.

Ending the HIV Epidemic

The federal Ending the HIV Epidemic initiative focuses on reducing the number of new HIV infections in the U.S. by at least 90% by 2030 (3,000 per year).

Ways to reach that goal include:

- Education and awareness to reduce stigma
- Making safer-sex tools more accessible
- Providing rapid testing across the nation
- Providing quick and easy connections to medication and professionals

How to Protect Yourself

- **Abstinence:** the only 100% way to prevent STIs and pregnancy
- Use of condoms and other **safer-sex tools**
- **Getting tested:** Instant testing can be available with most primary care doctors, and results come in 1-20 minutes
- **Setting boundaries:** it's important to acknowledge and hold your own personal boundaries on the topics of sex, relationships, and personal health

Prevention in a Pill

Pre-exposure prophylaxis (**PrEP**) is a once daily medication for people who may be at risk of an HIV infection

Post-exposure prophylaxis (**PEP**) is a 30-day medication for people who have already been exposed to HIV

Antiretroviral therapy (**A.R.T.**) is the daily use of multiple medications to treat HIV. It saves lives, but does not cure HIV.

Local Resources:

Flourish Point offers mental health services, education, food, and other community connections

Eastern Idaho Public Health Department and the **Rexburg Free Clinic** offer testing resources and health information.

More Information:

<https://www.cdc.gov/endliv>
<https://ryanwhite.hrsa.gov>

hiv.gov
hivcare.org